PHY 835: Machine Learning in Physics Lecture 7: Optimization February 13, 2024



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Outline for today

- Gradient Descent
- Gradient descent vs Newton's method
- Limitations of Gradient Descent
- Stochastic Gradient Descent
- Adding momentum
- Using the second moment (RMS-Prop, ADAM)
- Autodifferentiation

References: 1803.08823 (see also Goodfellow et al, Ch. 8)

Optimizers

- ML problems are mostly about minimizing a cost function. This can be a hard problem because:
 - The function depends on many parameters, say $\mathcal{O}(10^6)$ and hence the minimization is over a huge parameter space.
 - It becomes numerically expensive to evaluate the cost function, its gradient and higher derivatives.
 - Non-convex loss function \rightarrow multiple minima



• Common method: gradient descent & variations.

Gradient Descent

 The "energy" we want to minimize is the cost function (loss function):

$$E(\boldsymbol{\theta}) = \sum_{i=1}^{n} e_i(\mathbf{x}_i, \boldsymbol{\theta}).$$

can often be written as a sum over data points, e.g., mean-square error or cross-entropy (classification).

• Idea: adjust parameters in the direction where the gradient of $E(\theta)$ is large and negative. Gradually shifting towards a local minimum.





Newton's Method

- Inspiration for many widely used optimization methods.
- Choose the step ${\bf v}$ for the parameter θ to minimize a 2nd order Taylor expansion:

$$E(\boldsymbol{\theta} + \mathbf{v}) \approx E(\boldsymbol{\theta}) + \nabla_{\theta} E(\boldsymbol{\theta}) \mathbf{v} + \frac{1}{2} \mathbf{v}^{T} H(\boldsymbol{\theta}) \mathbf{v},$$

where $H(\theta)$ is the Hessian. Differentiate w.r.t. **v**, noting that for the optimal value \mathbf{v}_{opt} , $\nabla_{\mathbf{v}} E(\theta + \mathbf{v})|_{\mathbf{v} = \mathbf{v}_{opt}} = 0$:



 $\mathbf{v}_t = H^{-1}(\boldsymbol{\theta}_t) \nabla_{\boldsymbol{\theta}} E(\boldsymbol{\theta}_t)$ $\boldsymbol{\theta}_{t+1} = \boldsymbol{\theta}_t - \mathbf{v}_t.$



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Gradient Descent vs Newton's Method

- Newton's method requires knowledge of 2nd derivatives (n² component Hessian) which is computationally expensive.
- Calculating inverse of the Hessian is expensive especially for millions of parameters (common in neural network applications).

 \Rightarrow Newton's method unfeasible for typical ML systems.

• However, useful to get intuition how to choose the learning rate:

$$\eta_{\text{opt}} = [\partial_{\theta}^2 E(\theta)]^{-1}$$
 (1-dim)

• Newton's method automatically adjusts the learning rate: takes larger steps in flat directions and smaller steps in steep directions.

Regimes of Learning Rate



Convergence in Higher Dimensions

- Natural generalization of $\partial_{\theta}^2 E(\theta)$ is the Hessian.
- Perform a singular value decomposition of the Hessian matrix:

 $\boldsymbol{X} = \boldsymbol{U}\boldsymbol{D}\boldsymbol{V}^{\mathrm{T}},$

where U and V are orthogonal matrices and D is diagonal with eigenvalues $\{\lambda_{min}, ..., \lambda_{max}\}$.

• Convergence of gradient descent requires:

$$\eta < \frac{2}{\lambda_{\max}},$$

• If $\lambda_{min} \ll \lambda_{max}$, convergence is slow in the λ_{min} direction. Convergence time scale scales with $\kappa = \lambda_{max} / \lambda_{min}$.

Gradient Descent — Limitations

- Finds local minima: simulated annealing introduces a "temperature" (stochasticity) to tunnel over energy barriers.
- Sensitive to initial conditions (which local minimum depends on starting point)
- → important to consider sensible initialization of training process.
- Gradients computationally expensive for large datasets
 - → calculate gradient using small subset of data:
 "mini-batches" (gives stochasticity)



Stochastic Gradient Descent (SGD)

Gradient Descent — Limitations

- Sensitive to choice of learning rates (too small would take a long time to train, too large would diverge from minima).
 - \rightarrow Furthermore need to adaptively choose learning rate.
- Treats all directions uniformly
 - → ideally large steps in flat directions, small steps in steep directions
 - \rightarrow second derivatives needed to account for "curvature effects".
- Takes exponential amount of time to escape a saddle point.

You are encouraged to experiment with gradient descent and its variants using the Juypter notebook on:

https://physics.bu.edu/%7Epankajm/MLnotebooks.html

SGD with Mini-batches

 Stochasticity by approximating gradient on subset of data, so-called mini-batches, denoted as B_k (size varies ~10-100):

$$D \rightarrow B_1, B_2, \ldots, B_n$$

• Speed up gradient computation:

$$\nabla_{\theta} E(\boldsymbol{\theta}) = \sum_{i=1}^{n} \nabla_{\theta} e_i(\mathbf{x}_i, \boldsymbol{\theta}) \longrightarrow \sum_{i \in B_k} \nabla_{\theta} e_i(\mathbf{x}_i, \boldsymbol{\theta})$$

• Perform gradient descent:

$$\mathbf{v}_t = \eta_t \nabla_{\theta} E^{MB}(\boldsymbol{\theta}),$$

$$\boldsymbol{\theta}_{t+1} = \boldsymbol{\theta}_t - \mathbf{v}_t.$$

- Cycle through mini-batches. One entire cycle is known as an epoch.
- Bonus: works effectively as a natural regularizer that prevents overfitting in deep, isolated minima (Bishop 1995).

GD with Momentum (GDM)

• Idea: add memory of the direction we move in parameter space

$$\mathbf{v}_t = \gamma \mathbf{v}_{t-1} + \eta_t \nabla_\theta E(\boldsymbol{\theta}_t)$$

$$\boldsymbol{\theta}_{t+1} = \boldsymbol{\theta}_t - \mathbf{v}_t,$$

by introducing a momentum parameter γ , with $0 \le \gamma \le 1$

- The step taken **v** is a running average of recently encountered gradients with the characteristic time scale for the memory set by γ .
- To get some physics intuition, consider a massive particle in viscous medium with viscous damping coefficient μ , and potential $E(\theta)$:

$$m\frac{d^2\mathbf{w}}{dt^2} + \mu\frac{d\mathbf{w}}{dt} = -\nabla_w E(\mathbf{w}).$$

GD with Momentum (GDM)

• Discrete version of this EOM:

$$m\frac{\mathbf{w}_{t+\Delta t}-2\mathbf{w}_t+\mathbf{w}_{t-\Delta t}}{(\Delta t)^2}+\mu\frac{\mathbf{w}_{t+\Delta t}-\mathbf{w}_t}{\Delta t}=-\nabla_w E(\mathbf{w}).$$

• Bringing it to a form of a GDM:

$$\Delta \mathbf{w}_{t+\Delta t} = -\frac{(\Delta t)^2}{m+\mu\Delta t} \nabla_w E(\mathbf{w}) + \frac{m}{m+\mu\Delta t} \Delta \mathbf{w}_t.$$

• The momentum parameter and the learning rate are then identified:

$$\gamma = rac{m}{m + \mu \Delta t}, \qquad \eta = rac{(\Delta t)^2}{m + \mu \Delta t}.$$

GD with Momentum (GDM)

- Gain speed in directions with persistent but small gradient, while suppressing oscillations in high curvature directions.
- Especially useful when $E(\theta)$ is shallow and flat in some directions, and narrow and steep in others.
- More useful during the transient phase than the fine-tuning phase.
- Slight modification: Nesterov accelerated gradient (NAG) descent (update at expected value of parameters with current momentum):

$$\mathbf{v}_t = \gamma \mathbf{v}_{t-1} + \eta_t \nabla_{\theta} E(\boldsymbol{\theta}_t + \gamma \mathbf{v}_{t-1})$$
$$\boldsymbol{\theta}_{t+1} = \boldsymbol{\theta}_t - \mathbf{v}_t.$$

Using the 2nd Moment

- Ideally calculate/approximate Hessian and normalize learning rates accordingly.
- In addition to keeping a running average of the first moment of the gradient (momentum), we also keep track of the **second moment**:

$$\mathbf{S}_t = \mathbb{E}[\mathbf{g}_t^2]$$

- Methods include: AdaGrad (2011), AdaDelta (2012), RMS-Prop (2012), ADAM (2014).
- **RMS-Prop** update rules: $\mathbf{g}_t = \nabla_{\theta} E(\boldsymbol{\theta})$

$$\mathbf{s}_{t} = \beta \mathbf{s}_{t-1} + (1 - \beta) \mathbf{g}_{t}^{2}$$
$$\boldsymbol{\theta}_{t+1} = \boldsymbol{\theta}_{t} - \eta_{t} \frac{\mathbf{g}_{t}}{\sqrt{\mathbf{s}_{t} + \epsilon}},$$

RMS-Prop

• RMS-Prop update rules:

$$\begin{split} \boldsymbol{\beta} &\approx 0.9 \text{ controls the averaging} \\ \mathbf{g}_t &= \nabla_{\theta} E(\boldsymbol{\theta}) \\ \mathbf{s}_t &= \boldsymbol{\beta} \mathbf{s}_{t-1} + (1 - \boldsymbol{\beta}) \mathbf{g}_t^2 \\ \boldsymbol{\theta}_{t+1} &= \boldsymbol{\theta}_t - \eta_t \frac{\mathbf{g}_t}{\sqrt{\mathbf{s}_t + \epsilon}}, \quad \epsilon \approx 10^{-8} \text{ regularizes divergences} \end{split}$$

- Learning rate is reduced in directions where the norm of the gradient is consistently large.
- Speeds up convergence by allowing us to use a larger learning rate for flat directions.

ADAM

• Using a running average of both the 1st and 2nd moments:

$$\begin{aligned} \mathbf{g}_t &= \nabla_{\theta} E(\boldsymbol{\theta}) \\ \mathbf{m}_t &= \beta_1 \mathbf{m}_{t-1} + (1 - \beta_1) \mathbf{g}_t \\ \mathbf{s}_t &= \beta_2 \mathbf{s}_{t-1} + (1 - \beta_2) \mathbf{g}_t^2 \\ \hat{\mathbf{m}}_t &= \frac{\mathbf{m}_t}{1 - (\beta_1)^t} \\ \hat{\mathbf{s}}_t &= \frac{\mathbf{s}_t}{1 - (\beta_2)^t} \\ \boldsymbol{\theta}_{t+1} &= \boldsymbol{\theta}_t - \eta_t \frac{\hat{\mathbf{m}}_t}{\sqrt{\hat{\mathbf{s}}_t} + \epsilon}, \end{aligned}$$

• Memory lifetimes of the 1st and 2nd moment are typically:

$$\beta_1 = 0.9, \, \beta_2 = 0.99$$

ADAM

• Understanding the update rule a bit further. Consider limits of

$$\Delta \theta_{t+1} = -\eta_t \frac{\hat{m}_t}{\sqrt{\sigma_t^2 + \hat{m}_t^2} + \epsilon}. \qquad \sigma_t^2 = \hat{\mathbf{s}}_t - (\hat{\mathbf{m}}_t)^2 \quad \text{variance}$$

Case 1:
$$\sigma_t^2 \ll m_t^2$$

$$\Delta \theta_{t+1} = -\eta_t$$

Cutting off large persistent gradients at 1 (limiting step size)

→ prevents oscillations and divergences

Case 2:
$$\sigma_t^2 \gg m_t^2$$

$$\Delta \theta_{t+1} = -\eta_t \frac{m_t}{\sigma_t}$$

Learning rate adapted to signal-to-noise (natural unit)

Practical Tips

- There is no absolute superior optimizer; one should experiment which optimizer and which hyperparameters are suitable for the problem at hand.
- Standard tools: mini-batches, momentum, randomize your batches, transform input to get uniform loss landscape
- Use your physical understanding to find a good method. Analyze the performance difference, find out why something is not working, adapt your method (examples: variants of gradient descent)...

Autodifferentiation

- Key to any of these optimizers is differentiation (of complicated nonlinear function of many parameters). How to do this efficiently?
- Symbolic differentiation:
 - Compute the derivatives analytically and write a program based on the resulting formula.
 - Inefficient and insufficiently general, e.g. consider $f(x_i) = \prod_i x_i$ or det(*M*) (think NN), involves a lot of symbols and not generalizable.
- Finite difference: $f'(x) = \frac{f(x + \epsilon) f(x)}{\epsilon}$
 - Rounding error. Consider $f(x) = 10^{10} + x^2$. If $\epsilon = 10^{-3}$, need to keep 16 digits precision.

Autodifferentiation

- Autodifferentiation (aka automatic differentiation, or algorithmic differentiation (see e.g., Griewank & Walter, Evaluating Derivative, https://epubs.siam.org/doi/book/10.1137/1.9780898717761):
 - Used in NN libraries e.g. PyTorch and Tensorflow
 - Decompose the function $f: X \to Y$ into a number of very elementary steps (building blocks).
 - Each of these building blocks can be differentiated analytically and the result evaluated numerically. Then use chain rule to evaluate the full derivative, without any approximations that blow up error.
 - The decomposition of a function into elementary pieces is known as the computational graph.

Energy-Conserving Optimizer

Improving Energy Conserving Descent for Machine Learning: Theory and #1 Practice				
G. Bruno De Luca, Alice Gatti, Eva Silverstein (Jun 1, 2023)				
e-Print: 2306.00352 [cs.LG]				
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Microcanonical Hamiltonian Monte Carlo #2				
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Born-Infeld (BI) for AI: Energy-Conserving Descent (ECD) for Optimization #3				
G. Bruno De Luca (Stanford U., ITP), Eva Silverstein (Stanford U., ITP) (Jan 26, 2022)				
Published in: <i>PMLR</i> 162 (2022) 4918 • e-Print: 2201.11137 [cs.LG]				
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Summary

- What is Gradient Descent?
- Comparing gradient descent vs Newton's method
- Limitations of Gradient Descent
- Stochastic Gradient Descent
- How can it be modified? E.g. adding momentum
- Second order methods (RMSProp and ADAM)
- Autodifferentiation